

Paçantic Risk Management & BC Kayak Centre  
present

**Sweden's  
Stockholm Archipelago Kayak Tour  
August 2 - 8, 2020**

Cost: \$1,950.00 Cdn.

Price includes:

- kayak, carbon paddle, sprayskirt & pfd (you may bring your own paddle & pfd if you prefer)
  - kayaks include plastic or composite (Zegul, Tiderace - P&H in plastic only)
- food while on tour
- accommodation while on tour (other than tenting) - looking at 2 nights in lodgings

Client Expense Responsibility:

- air transport to and from Sweden
- any accommodations before and after the kayak tour
- all meals before and after the kayak tour
- transportation within Sweden before and after the kayak tour (other than return to Stockholm from our landing point)

**Kayak Tour Description**

Your adventure begins with your flight to the beautiful capital of Sweden, Stockholm (59.3293° N, 18.0686° E). Landing at ARLANDA (Stockholm International Airport), you are about 30 minutes travel from the centre of the city itself. When you arrive is up to you but you must be in Nynäshamn for the morning of August 2nd ready to launch with your gear and kayak onto the welcoming waters of the Stockholm Archipelago. Recommendation transport is by commuter train (appx. 1 hour) - distance is appx. 60 km.. A short taxi ride will get you to our meet point.

**Day 1 - August 2**

Meet at Nynäshamn at a pre-disclosed location to pack your kayak and launch. We will paddle about 12 miles to the island of Utö where we will spend our first night. Utö is known for its nature and has one of the oldest iron-ore mines in Sweden. A landmark of Utö is its windmill which is over 200 years old.

**Day 2 - August 3**

We leave Utö to paddle NNE another 12 miles to the island of Ornö. Ornö is the largest island in the southern half of the Stockholm Archipelago. It is approximately 10 miles long and 2.5 miles wide. It would be fun to take some time here to explore some of the spectacular coast and coves it offers as well as take time to land and do some hiking. This island is permanently inhabited by only 300 residents year round.

#### Day 3 - August 4

Day 3 sees us continuing NE to explore a number of small islets on our way to Nämndö Island. Although this is one of the smaller of the large islands there is lots to see and do. There are no cars on the island but some of the 50 residents do use "4 wheeled motor cycles". Farming is done here with the small patches of arable land. There is a church and school buildings one can visit in Sand. There are handicrafts, a general store and on certain days a market takes place. One can also buy fresh fish at the dock if you are looking for dinner. Should you like dinner out, there is a restaurant, Hamnkrogen, next to the General Store.

#### Day 4 - August 5

Upon leaving Nämndö, our paddle takes us through a multitude of smaller islands en route to our home for the night - Sandhamn on Sandön Island. This is home to a small settlement of just over 100 people. It is divided between: Sandhamn where you will discover typical Swedish island architecture, marina, chapel, lookouts and community; and the southern edge of the island with its group of individual homes and some of the best beaches. A paddle exploration of some of the nearby islands of Vasterskatan and Korsö is certainly possible along with a circumnavigation of Sandön Island itself. Sandham will have lodging provided as well as dinner out at a restaurant.

#### Day 5 - August 6

From Sandön we will paddle out to one of the National Park Marine Reserves. Either the Stora Nassa naturreservat (furthest and most remote) or Storö-Bockö-Lökaö naturreservat. In both cases it is camping with your tent under an immense, limitless sky. Stora Nassa is made up of 400 small islands which are primarily home and maintained as bird sanctuaries. We may look but not land on any island but two during the time we are there: Beckskäret and Stor-Sprängskäret one of which would be our campsite for the night. Storö-Bockö-Lökaö naturreservat is a nature reserve as well consisting of about 150 islands. The bird-life is rich, with species such as [velvet scoter](#), [tufted duck](#), [common eider](#), [ruddy turnstone](#), [skua](#) and [black guillemot](#) found here. Once again, some wonderful opportunities to visit other islands such as Möja for the village of Berg and Södermöja for its historical landmark at Ryssugn.

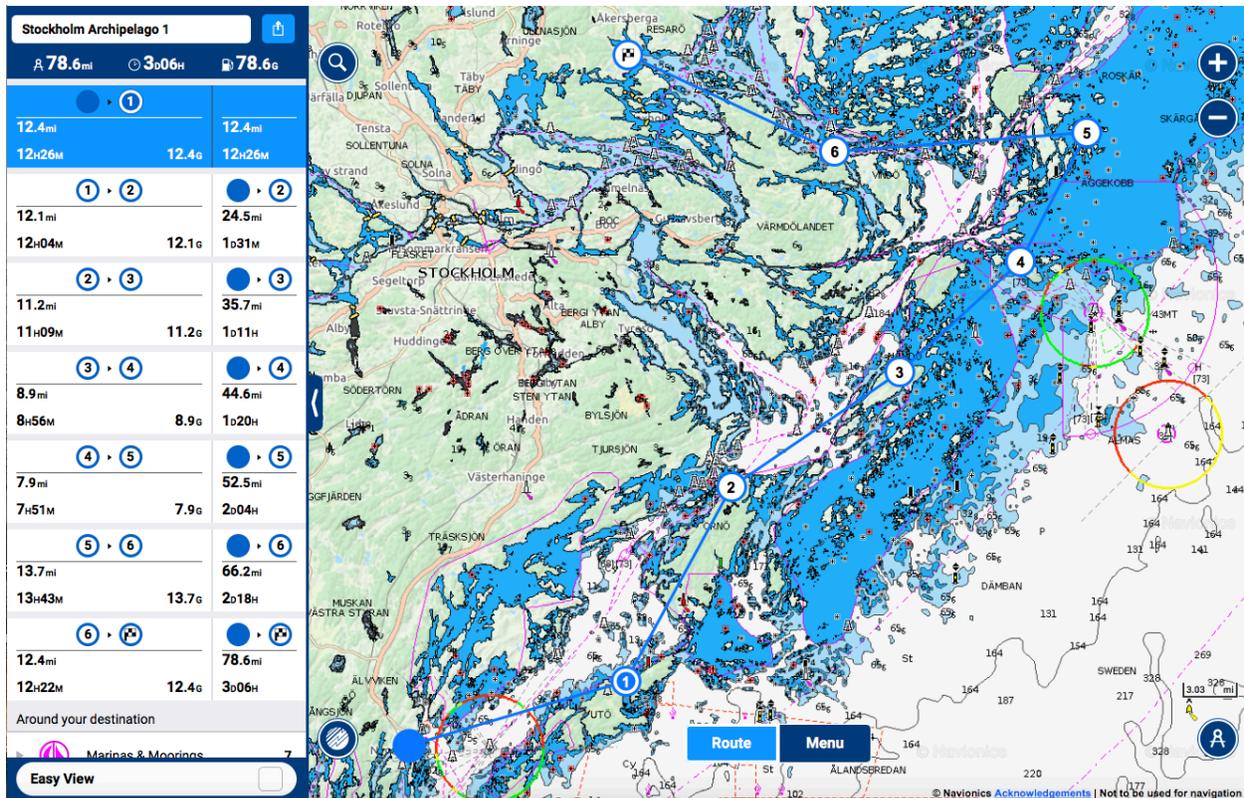
#### Day 6 - August 7

We leave our National Preserve campsite and begin our paddle back towards the mainland. On the way we will be paddling through a landscape of islands and passing such places as Sollenkroka and Abborkroken which is almost directly south of our final campsite for the night located on Kalvön Island.

#### Day 7 - August 8 - Final Day

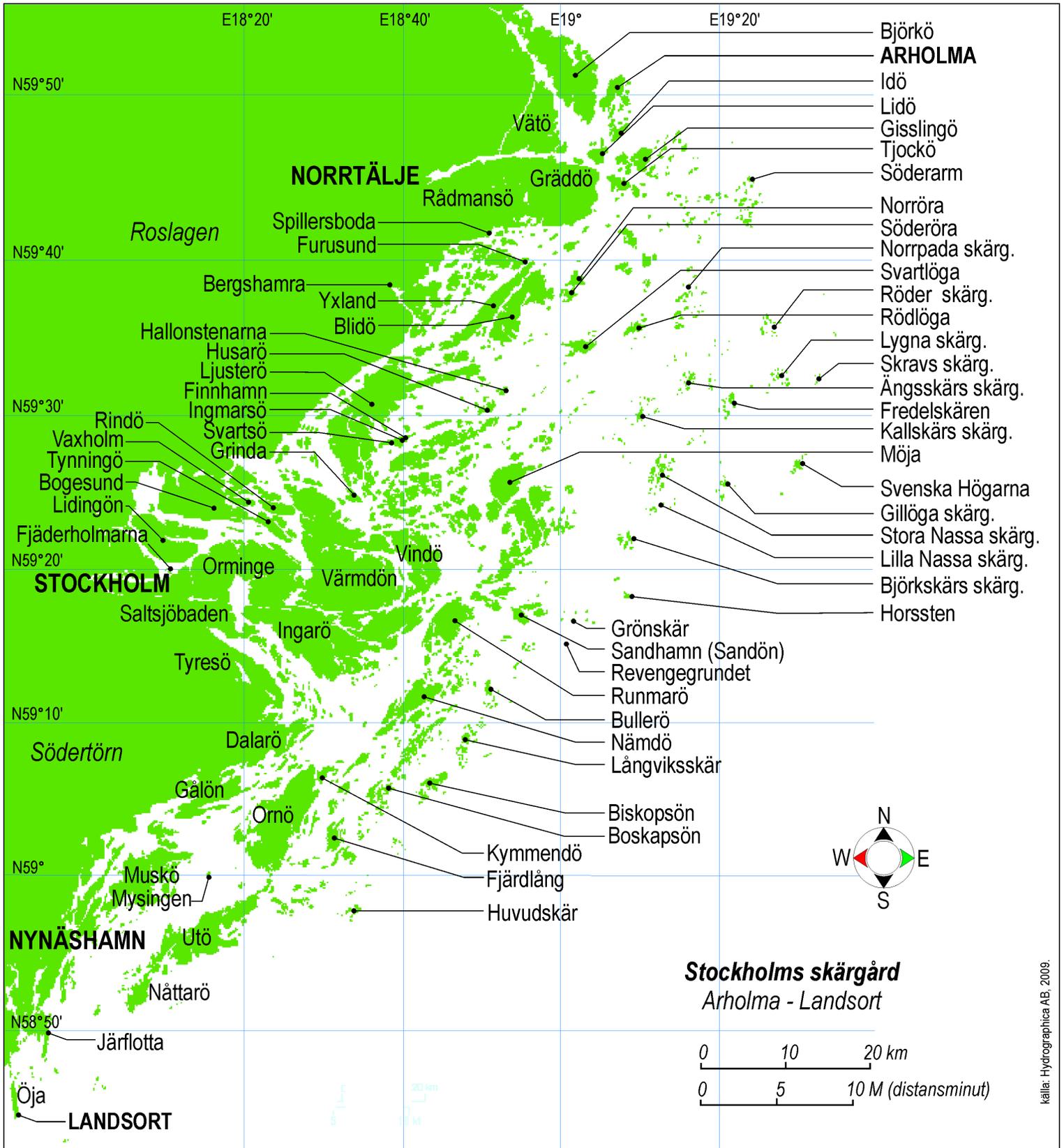
Our final day on the water will take us the final 12 miles to Svinninge where we will land and be picked up. Our final day will include breakfast at Framfrickan on Grinda Island, some exploration around Vårholma Island, through the Bjuron Islands for a lunch stopover before crossing the major ferry route to the East coast of the mainland and an easy shoreline paddle to our pickup point in Svinninge.

Once landed, transportation is arranged to take you back to Stockholm before you either continue with your travels or take a flight home to Canada. Please ensure you have at least one night accommodation arranged in Stockholm for August 8th if you have no other immediate plans.



### Kayak Tour Itinerary

Date	Day #	Description / Information	Distance (miles)
August 2	1	Meet at launch point - Nynäshamn; Paddle to Utö (Utö)	12.4
August 3	2	Utö to Ornö (Orninge)	12.1
August 4	3	Ornö to Namdö	11.2
August 5	4	Namdö to Sandön (Sandham)	8.9
August 6	5	Sandön to Stora Nassa naturreservat	7.9
August 7	6	Stora Nassa naturreservat to Kalvön Island	13.7
August 8	7	Kalvön Island to Svinninge - Picked up; transport to Stockholm	12.4
<b>Totals</b>	<b>7</b>		<b>78.6</b>



källa: Hydrographica AB, 2009.



### **What to Bring**

#### Kayak Gear

- A. Drysuit (your choice to bring or not - be prepared for rain while paddling)
- B. Booties
- C. PFD (one can be provided but you may want yours)
- D. Paddles (2) - preferably each paddle being a two piece take apart.
- E. Tow rope / throw line
- F. Helmet (your choice to bring or not)
- G. Socks, undies, short & long sleeved quick dry tops

#### Clothing

- A. When not on the water
  - A. Left up to you for shoes, bottoms, tops and hats (and rain gear)
  - B. Weather for that time of year is:
    - A. Average Temperature: Minimum 14°C; Maximum 23°C
    - B. Average Precipitation: 9 days in the month; Maximum normally 65 mm.
    - C. Night light: during our tour it doesn't get completely dark, even at midnight
    - D. Hours of Sunshine: Average 8 hours a day
    - E. Average Sea Temperatures: 16°C
- B. When on the water - see above (dress for water temperature)

#### Camping Gear

- A. Tent
- B. Sleeping bag
- C. Mattress
- D. Fly / tarp

#### Cooking Gear

- will be provided - **please bring your own utensils and dishes**
- ensure there is room in your kayak for some of this (group gear)

#### Food

- will be provided
- once again, ensure there is space in your kayak to carry some of this (group gear)
  - food, stoves, pots & pans

#### Other Gear

- These are items that you may or may not want to bring on the paddle journey with you
- list to be provided separately.

### **Sweden's "Right to Public Access"**

The "Right to public access" is fundamental in Scandinavia and gives us the possibility to tent on basically any island. The Swedish State of Environment official page is here -> <https://www.swedishepa.se/Enjoying-nature/The-Right-of-Public-Access/> and explains more fully how this works.

### **Emergency Equipment**

Your guides will have with them:

Cell phones, VHF-DSC(M) Handheld Radio, inReach GPS Emergency Locator, Personal Location Beacon (PLB), Laser Flare.

You are more than welcome to bring any of the above with you as well. In fact, it is encouraged.

As well, both your guides will have membership with the **Swedish Rescue Society** which serves the Swedish Archipelago well.

Each participant in the tour will be supplied with charts covering the area we will be paddling.

A medical bag will be available with each leader. Be sure to pack any personal medicine or prescriptions and bring with you.

### **Described Route**

We reserve the right to change the route depending on weather conditions or other unforeseen circumstances.

Your Guides & Leaders

Mike Gilbert - Canada

Fabio Tosto - Sweden